



# MARCH 2018



## KIEL MIDDLE SCHOOL AND ZIELANIS ELEMENTARY SCHOOL LUNCH MENU

### TWO LUNCH OPTIONS DAILY

Students must select three of five items—one being 1/2c fruit &/or vegetable to = complete meal  
(menu subject to change without notice due to unforeseen circumstances)

#### \*Complete MEAL PRICES

5K-4TH GR—\$2.45

5TH-12TH GRADES—\$2.65

Extra Entrée (gr 5-12) - \$1.75

ADULT GUEST/STAFF-\$3.50

CHILD GUEST—\$2.45

Qualified Reduce Student-  
\$.40 /Meal

Qualified Free Student-  
FREE/Meal

Call (920)894-5183 for a Free/Reduced  
Application  
anytime throughout the  
school year



The Rainbow  
Garden Salad Bar Served Daily  
(choice of variety of green leafy lettuce  
and raw vegetables in a rainbow of  
colors)



Fresh fruits and other fruit choices served  
daily

Low Fat White milk and Skim  
Chocolate and Skim White milk choices  
available daily

Extra Milk is available to purchase for  
\$.35

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KASD IS AN EQUAL OPPORTUNITY  
PROVIDER

	Mon	Tue	Wed	Thu	Fri
				1 MINI CORN DOGS Turkey & Cheese Sub Baked Fries Peas & Carrots Peach Slices Apple Slices	2 NO SCHOOL
5	CHICKEN ALFREDO Rotini & Breadstick Turkey & Cheese Sub Green Beans Applesauce Orange Wedges	6 SOFT SHELL TACOS Refried Beans Ham & Cheese Sub California Blend Veg Banana & Grapes	7 CHICKEN PATTY /Bun Mashed Potatoes Ham & Cheese Sub Buttered Carrots Apple Slices Mixed Fruit	8 CHEESEBURGER/ Bun Turkey & Cheese Sub Curly Fries Baked Beans Strawberries Pear Slices	9 Bread Slice FISH STICKS Potato Smiles Peanut Butter & Jelly Cole Slaw Pineapple & Peaches
12	PIZZA DIPPERS Turkey & Cheese Sub Winter Blend Veg Mixed Fruit Pear Slices	13 Bread Slices CHICKEN NUGGETS Ham & Cheese Sub Chicken flavored Rice Peas & Carrots Banana Apple Slices	14 HOT DOG on Bun Turkey & Cheese Sub Macaroni & Cheese Baked Beans Orange Wedges Grapes	15 SLICED TURKEY & GRAVY Bread Slice Ham & Cheese Sub Mashed Potatoes Buttered Corn Peaches & Pineapple Ice Cream Cup	16 GRILLED CHEESE Tomato Soup/Cottage Cheese Peanut Butter & Jelly Fresh Veggies & Dip Side Kick Fruit Slushy Tropical Fruit
19	CHEESEBURGER / BUN Ham & Cheese Sub Baked Fries Green Beans Pineapple Tidbits Apple Slices	20 CHICKEN PATTY /Bun Mashed Potatoes Peanut Butter & Jelly Corn Banana Peach Slices	21 RAIDER NACHOS Black Bean Salsa Ham & Cheese Sub Peas & Carrots Applesauce Grapes	22 FRENCH TOAST STICKS Sausage Links Turkey & Cheese Sub California Blend Strawberries Blueberries	23 CHEESE PIZZA Peanut Butter & Jelly Mixed Vegetables Warm Apple Slices Mandarin Oranges
26	MINI CORN DOGS Turkey & Cheese Sub Baked Fries Peas & Carrots Peach Slices Tropical Fruit	27 (MS)MEATBALL SUB Baked Chips (ZE)CHICKEN FAJITAS Refried Beans Turkey & Cheese Sub Buttered Corn Banana & Grapes	28 SPAGHETTI & MEATSAUCE Garlic Toast Peanut Butter & Jelly Broccoli Pineapple Tidbits Mandarin Oranges Chocolate Chip Cookie	29 CLOSED	30 CLOSED