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Unit 3: Empathy & Kindness



What Is My Child Learning?

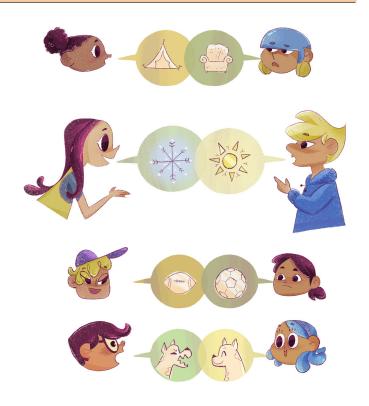
Unit Themes

Your child is learning how to better understand a point of view different from their own. Point of view is how someone thinks or feels about something. In this unit, fourth graders practice asking questions to understand the reasons behind someone's point of view. For example, if one person loves being around dogs and another doesn't, they might ask each other, "What is your experience with dogs? Why do you feel that way?" When children try to understand other points of view, it helps them work, play, and get along with others.

Why is it important?

Research shows that children who learn the skills in this unit are more likely to:

- **Build stronger relationships**
- Resolve conflicts more effectively
- **Exhibit positive behaviors**
- **-** Develop increased empathy



Practice at Home

What to Look For

Notice and praise your child when you see them trying to learn more about a point of view that's different from their own. You may hear your child ask questions such as "Why do you think that?" or "What's your experience?" to better understand someone's way of thinking. You can say something like, I heard you ask your sister why she doesn't like watching scary movies the way you do. Good job trying to understand her point of view.

Try This!

Discuss: Describe how your experiences have affected a point of view. For example, I'm always amazed at people who are comfortable in loud, crowded places. But my experience is living in a small, quiet town. I'm not used to crowds.

Practice: Help your child practice learning about another point of view. Take turns answering questions such as these. Give reasons for your thinking.

- If you could invite anyone in the world to have dinner with you, who would you invite?
- Would you rather go to space or to the bottom of the ocean?
- If you could make one rule that everyone in the world had to follow, what rule would you make?