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# MANITOWOC YOUTH HOCKEY

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**Hockey Initiation Program (HIP)** is our introductory program for kids ages 4-8, that have little to no skating experience. HIP focuses on improving skating skills and other basic hockey skills. Cross-ice scrimmages and other games are used to reinforce skills in a fun environment. The goal at this level is to teach fundamental hockey skills for a successful transition into one of the Mite programs. Our volunteer coaches are certified through USA Hockey, which provides us with a model of age appropriate athlete development. Skates, hockey gloves (or thick winter gloves), and a helmet are required. Skate rentals are available at the rink for \$1. A limited number of helmets are available each week as well. A bike helmet can be used, as well as knee and elbow pads. **HIP classes are Mondays from 6:00-6:45.** Cost is \$20 per session. Register online with a credit card or at the rink with cash or a check. We are located at the Manitowoc County Ice Center on the Expo grounds.

**Session 3: January 8, 15, 22, 29, February 5**

**Session 4: February 12, 19, 26, March 5**



**Mini Mites** (primarily U6) is an in-house (non-traveling) recreational program for skaters up to age 8, with basic skating skills. Participants will continue to enhance their elementary hockey skills while becoming part of a team, developing concepts of cooperation, and sportsmanship. **Practices are Mondays and Thursdays from 5:00-6:00pm.** Skates, hockey gloves (or thick gloves), helmet, and a hockey stick are required. Skate rentals are available for \$1. At this level, we recommend that your child starts to wear full hockey gear. Full sets of equipment are available to rent for the entire season for \$50, plus a \$50 deposit. Your deposit will be returned when you return the gear.

**Try Hockey For Free** clinic for ages 4-9 on Saturday, March 3<sup>rd</sup> from 10:30-12:30pm. Your child can experience ice hockey for the first time and learn the basics of the sport in a fun, safe environment. Equipment and skates are provided. See our website for more information and to register.

**Public Skate** from 1:00-3:00pm on Saturdays and Sundays (through March 4<sup>th</sup>). Every other Friday from 7:00-9:00pm (through February 23<sup>rd</sup>). Admission is \$5 for adults, \$3 for children (13 and under), \$3 for seniors (60+). Skate rentals are \$2.



## MANITOWOC COUNTY YOUTH HOCKEY ASSOCIATION

For more information and registration go to: [www.manitowochockey.org](http://www.manitowochockey.org)

Follow us on Facebook: [www.facebook.com/ManitowocHockey/](https://www.facebook.com/ManitowocHockey/)

Email any questions to: [le-chel@hotmail.com](mailto:le-chel@hotmail.com)