



ALL
GRAINS/BREADS ARE
WHOLE GRAIN

ALL MEALS INCLUDE:

- *Grain/Bread daily option(s)
- *Meat/Meat Alternate option (only when offered)
- *1 cup fruit/fruit juice or combination
- *Non Fat or Low Fat Milk

Daily Prices
(complete meal only)

K-12 Students \$1.65
Adults \$2.05
REDUCED \$.30
(for those who qualify)
FREE-
(for those who qualify)

*Must have 3-5 components
for complete meal
qualifications*

***Call (920)894-5183 for a
Free/Reduced Application
anytime throughout the
school year**

**KASD is an equal opportunity
provider**

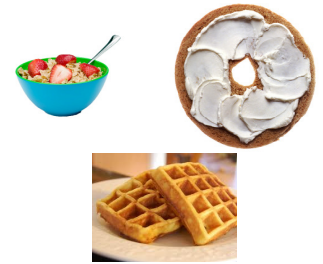


APRIL 2018

KIEL HIGH SCHOOL NUTRITION BREAK

STUDENTS MUST SELECT 3 OF 5 ITEMS OFFERED TO = A COMPLETE BREAKFAST
(ONE BEING FRUIT OR JUICE)

(menu subject to change without notice due to unforeseen circumstances)



	Mon	Tue	Wed	Thu	Fri
2	CLOSED	3 Breakfast Pizza Fruit & Juice Mil	4 Apple Frudel Fruit & Juice Milk	5 Breakfast Flat Bread Fruit & Juice Milk	6 Yogurt Parfait Juice Milk
9	Dutch Waffle Fruit & Juice Milk	10 Breakfast Pizza Boat Fruit & Juice Milk	11 Mini Waffles Sausage Fruit & Juice Milk	12 Egg /Sausage Sandwich Fruit & Juice Milk	13 Mini Donut Holes Fruit & Juice Milk
16	Breakfast Tornado (Egg, sausage and cheese tortilla roll) Fruit & Juice Milk	17 Breakfast Pizza Fruit & Juice Mil	18 Yogurt Parfait Juice Milk	19 Egg Cheese & Ham Spiral Fruit & Juice Milk	20 Mini Long Johns String Cheese Fruit & Juice Milk
23	French Toast Sticks Sausage Fruit & Juice Milk	24 Breakfast Tortilla Fruit & Juice Milk	25 Glazed Donut Fruit & Juice Milk	Egg/Ham Sandwich Fruit & Juice Milk	27 Cinni Mini Fruit & Juice Milk
30	Ultimate Breakfast Round Fruit & Juice Milk				