



JANUARY 2018



KIEL HIGH SCHOOL MENU

TWO LUNCH OPTIONS DAILY

Students must select three of five items-one being 1/2c fruit &/or vegetable to = complete meal



(menu subject to change without notice due to unforeseen circumstances)

*Complete MEAL PRICES

5K-4TH GR—\$2.45

5TH-12TH GRADES—\$2.65

Extra Entrée (gr 5-12) - \$1.75

ADULT GUEST/STAFF-\$3.50

CHILD GUEST—\$2.45

Qualified Reduce Student-
\$.40 /Meal

Qualified Free Student-
FREE/Meal

Call (920)894-5183 for a Free/Reduced
Application
anytime throughout the
school year



The Rainbow

Garden Salad Bar Served Daily

(choice of variety of green leafy lettuce
and raw vegetables in a rainbow of
colors)



Fresh fruits and other
fruit choices served daily

Low Fat White milk and Skim

Chocolate and Skim White milk choices
available daily

Extra Milk is available to purchase for
\$.35

KASD IS AN EQUAL OPPORTUNITY
PROVIDER

	Mon	Tue	Wed	Thu	Fri
1	NO SCHOOL	2 CHICKEN NUGGETS Rice Pilaf & Bread RAIDER NACHOS Black Bean Salsa Corn Apple Slices & Mixed Fruit	3 HOT DOG on BUN Seasoned Side Winder Fries SLICED TURKEY & GRAVY Mashed Potatoes & Bread California Blend Oranges Slices & Banana	4 Bread Slices BREADED PORK CHOP Au Gratin Potatoes PIZZA CASSEROLE-Breadstick Green Beans Pineapple & Warm Apple Slices	5 CHICKEN PATTY/BUN Mashed Potatoes SHRIMP POPPERS-Bread Baked Fries & Yogurt Mixed Vegetables Whole Apple& Mandarin Oranges
8	PHILLY CHEESE STEAK-Bun Season Potato Wedges MEATBALLS & GRAVY Mashed Potatoes & Bread Winter Blend Veg Peaches & Pineapple	9 HOT HAM & CHEESE / BUN Parsley Potatoes FRENCH TOAST STICKS Sausages Corn Banana Orange Juice	10 CHEESE PIZZA CHEESE BURGER /BUN Curly Fries Peas & Carrots Tropical Fruit Apple Slices	11 GRILLED CHICKEN on Bun Season Fries CHICKEN ALFREDO over Pasta Garlic Breadstick Green Beans Mixed Fruit or Grapes	12 PIZZA DIPPERS MINI CORN DOGS Macaroni & Cheese Winter Blend Veg Pear Slices Applesauce
15	CHEESE RAVIOLI & Breadstick SLICED PORK & GRAVY Mashed Potatoes & Bread Peas Pineapple & Strawberries	16 HAM & SCALLOPED POTATOES CASSEROLE CHICKEN TERIYAKI Rice or Noodles & Bread Stir Fry Vegetables Mandarin Oranges& Banana	17 Bread Slices BAKED POTATO BAR (taco meat & diced ham & cheese) CHICKEN FAJITAS-refried beans Corn Mixed Fruit & Grapes	18 BEEF STROGANOFF Buttered Noodles ORANGE CHICKEN/Rice California Blend Veg & Bread Warm Apple slices Side Kick Slushy	19 FISH NUGGETS-Bread Oven Roasted Potatoes GRILLED CHEESE & Tomato Soup Cole Slaw & Carrots Applesauce Peach Slices
22	EGG ROLLS & Cream Soup SPAGHETTI & MEATSAUCE Garlic Toast Green Beans Peaches and Apple slices	23 Bread Slices CHEESE OMELET Hash Brown & Sausages Mashed Potato Bowl (popcorn chicken & gravy) Corn Orange Juice & Bananas	24 CHICKEN QUESADILLA BBQ PORK SANDWICH Ranch Potato Wedges Winter Blend Veg Grapes & Applesauce	25 CHEESEBURGER on BUN Baked Curly Fries PIZZA DIPPERS Baked Beans Orange Wedges& Tropical Fruit	26 BIG DADDY'S PIZZA (no second choice) Fresh Veggie Bar Mixed Fruit Pears
29	BREAKFAST PIZZA MEAT LOAF & GRAVY Mashed Potatoes & Bread Carrots Applesauce & Strawberries	30 PERSONAL PAN PIZZA CHICKEN PATTY/ BUN Rice Pilaf California Blend Veg Grapes & Mandarin Oranges	31 HOT DOG-Bun Macaroni & Cheese PIZZA CRUNCHERS Baked Beans Banana & Mixed Fruit Salad		