



# JANUARY 2018



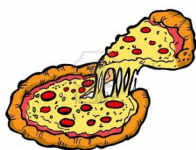
KIEL MIDDLE SCHOOL AND ZIELANIS ELEMENTARY SCHOOL

## LUNCH MENU

TWO LUNCH OPTIONS DAILY

Students must select three of five items—one being 1/2c fruit &/or vegetable to = complete meal

(menu subject to change without notice due to unforeseen circumstances)



**\*Complete MEAL PRICES**  
 5K-4TH GR—\$2.45  
 5TH-12TH GRADES—\$2.65  
 Extra Entrée (gr 5-12) - \$1.75  
 ADULT GUEST/STAFF-\$3.50  
 CHILD GUEST—\$2.45

Qualified Reduce Student-  
 \$.40 /Meal  
 Qualified Free Student-  
 FREE/Meal

Call (920)894-5183 for a Free/Reduced  
**Application**  
 anytime throughout the  
 school year



The Rainbow  
 Garden Salad Bar Served Daily  
 (choice of variety of green leafy lettuce  
 and raw vegetables in a rainbow of  
 colors)



Fresh fruits and other fruit choices served  
 daily

Low Fat White milk and Skim  
 Chocolate and Skim White milk choices  
 available daily

Extra Milk is available to purchase for  
 \$.35

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KASD IS AN EQUAL OPPORTUNITY

	Mon	Tue	Wed	Thu	Fri
1	NO SCHOOL	2 CHEESEBURGER / <u>BUN</u> Turkey & Cheese Sub Curly Fries Baked Beans Banana Pear Slices	3 CHICKEN PATTY / <u>BUN</u> Mashed Potatoes Ham & Cheese Sub California Blend Veg Apple Slices Mixed Fruit	4 MINI CORN DOGS Turkey & Cheese Sub Baked Fries Peas & Carrots Peach Slices Whole Apples	5 CHEESE PIZZA Peanut Butter & Jelly Mixed Vegetables Pineapple Tidbits Applesauce
8	SOFT SHELL TACOS Refried Beans Ham & Cheese Sub California Blend Veg Strawberries Pear Slices	9 Bread Slice Diced Pork & Gravy Peanut Butter & Jelly Mashed Potatoes & Corn Applesauce & Peaches Rice Krispie Treat	10 PIZZA DIPPERS Turkey & Cheese Sub Green Beans Banana Grapes	11 CHICKEN NUGGETS Ham & Cheese Sub Mashed Potatoes Peas & Carrots & Bread Slice Mixed Fruit Apple Slices	12 GRILLED CHEESE Tomato Soup/Yogurt Peanut Butter & Jelly Fresh Veggies & Dip Side Kick Fruit Slushy Tropical Fruit
15	MEATBALLS & GRAVY Turkey & Cheese Sub Mashed Potatoes Winter Blend & Bread Slices Peach Slices & Pear Slices	16 TURKEY & CHEESE SUB Peanut Butter & Jelly Chicken Noodle Soup Fresh Veggie Bar Grapes & Banana	17 BBQ PORK on <u>BUN</u> Potato Smiles Turkey & Cheese Sub Corn Orange Juice & Pineapple Tidbits Choc Chocolate Chip cookie	18 Bread Slices SLICED TURKEY & GRAVY Ham & Cheese Sub Mashed Potatoes Green Beans Mandarin Oranges Mixed Fruit	19 BIG DADDY'S PIZZA Peanut Butter & Jelly Peas & Carrots Applesauce Blueberries
22	CHEESEBURGER / <u>BUN</u> Ham & Cheese Sub Baked Fries Green Beans Pineapple Tidbits Apple Slices	23 Bread Slices MASHED POTATO BOWL (popcorn chicken, gravy, corn) Peanut Butter & Jelly Corn Banana Peach Slices	24 RAIDER NACHOS Black Bean Salsa Ham & Cheese Sub Peas & Carrots Applesauce Grapes	25 HOT DOG on Bun Turkey & Cheese Sub Macaroni & Cheese Baked Beans Orange Wedges Mixed Fruit Salad	26 CHICKEN PATTY / <u>BUN</u> Peanut Butter & Jelly Assorted Fries Pear Slices Side Kick Fruit Slushy
29	CHICKEN FAJITAS Refried Beans Turkey & Cheese Sub Buttered Corn Strawberries Applesauce	30 PIZZA DIPPERS Turkey & Cheese Sub Green Beans Banana Grapes	31 CHICKEN TERIYAKI Rice & Bread Slice Peanut Butter & Jelly Stir Fry Vegetables Pineapple Tidbits Mandarin Oranges Rice Krispie Treat		