



MAY 2018



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KIEL MIDDLE SCHOOL AND ZIELANIS ELEMENTARY SCHOOL LUNCH MENU



TWO LUNCH OPTIONS DAILY

Students must select three of five items-one being 1/2c fruit &/or vegetable to = complete meal
(menu subject to change without notice due to unforeseen circumstances)

*Complete MEAL PRICES

5K-4TH GR—\$2.45

5TH-12TH GRADES—\$2.65

Extra Entrée (gr 5-12) - \$1.75

ADULT GUEST/STAFF-\$3.50

CHILD GUEST—\$2.45

Qualified Reduce Student-
\$.40 /Meal

Qualified Free Student-
FREE/Meal

Call (920)894-5183 for a Free/Reduced
Application
anytime throughout the
school year



The Rainbow

Garden Salad Bar Served Daily

(choice of variety of green leafy lettuce
and raw vegetables in a rainbow of
colors)




Fresh fruits and other
fruit choices served daily

Low Fat White milk and Skim

Chocolate and Skim White milk choices
available daily

Extra Milk is available to purchase for
\$.35

KASD IS AN EQUAL OPPORTUNITY
PROVIDER

	Mon	Tue	Wed	Thu	Fri
		1 SOFT SHELL TACOS Refried Beans Peanut Butter & Jelly California Blend Veg Banana & Grapes	2 CHEESEBURGER/ Bun Ham & Cheese Sub Curly Fries Baked Beans Strawberries Pear Slices	3 PIZZA DIPPERS Turkey & Cheese Sub Winter Blend Veg Peach Slices Side Kick Fruit Slushy	4 CHICKEN PATTY /Bun Mashed Potatoes Ham & Cheese Sub Buttered Carrots Apple Slices Mixed Fruit
	7CHICKEN ALFREDO Rotini & Breadstick Turkey & Cheese Sub Green Beans Applesauce Orange Wedges	8 PIZZA CALZONE Peanut Butter & Jelly Mixed Vegetables Pineapple Tidbits Peaches	9 Bread Slices CHICKEN NUGGETS(ZE) FISH STICKS (MS) Ham & Cheese Sub Mashed Potatoes Peas & Carrots Banana & Apple Slices	10 HOT HAM & CHEESE Peanut Butter & Jelly Chicken Noodle Soup California Blend Veg Mixed Fruit Pear Slices	11 HOT DOG on Bun Turkey & Cheese Sub Macaroni & Cheese Baked Beans Strawberries Grapes
	14 SPAGHETTI & MEATBALLS Peanut Butter & Jelly Broccoli & Garlic Toast Pineapple Tidbits Mandarin Oranges	15 MINI CORN DOGS Turkey & Cheese Sub Baked Fries Peas & Carrots Grapes Applesauce	16 CHICKEN PATTY /Bun Potato Wedges Peanut Butter & Jelly California Blend Banana Peach Slices	17 CHEESEBURGER/ BUN Ham & Cheese Sub Baked Fries Green Beans Pear Slices Apple Slices	18 GRILLED CHEESE Tomato Soup/Cottage Cheese Peanut Butter & Jelly Fresh Veggies & Dip Side Kick Fruit Slushy Tropical Fruit
	21 Bread Slices CHICKEN NUGGETS Ham & Cheese Sub Chicken flavored Rice Peas & Carrots Pears Blueberries	22 CHEESE PIZZA Peanut Butter & Jelly California Blend Banana Orange Wedges	23 RAIDER NACHOS Black Bean Salsa Turkey & Cheese Sub Green Beans Applesauce Grapes	24 SLICED TURKEY & GRAVY Bread Slice Ham & Cheese Sub Mashed Potatoes Buttered Corn Strawberries & Mixed Fruit Chocolate Chip Cookie	25 PIZZA DIPPERS Peanut Butter & Jelly Winter Blend Veg Peach Slices Side Kick Fruit Slushy
	28 No School 	29CHICKEN PATTY / Bun Mashed Potatoes Ham & Cheese Sub Buttered Carrots Banana Mixed Fruit	30 FISH STICKS(5k-4gr) MEATBALL SUB(5-8gr) Peanut Butter & Jelly Potato Wedges Peas Pineapple Peaches	31 DUTCH WAFFLE Sausage Links Turkey & Cheese Sub California Blend Strawberries Grapes	