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**ALL  
GRAINS/BREADS ARE  
WHOLE GRAIN**

**ALL MEALS INCLUDE:**

- \*Grain/Bread daily option(s)
- \*Meat/Meat Alternate option (only when offered)
- \*1 cup fruit/fruit juice or combination
- \*Non Fat or Low Fat Milk

**Daily Prices  
(complete meal only)**

K-12 Students      \$1.65  
 Adults                \$2.05  
**REDUCED**        \$ .30  
 (for those who qualify)  
**FREE-**  
 (for those who qualify)

\*Must have 3-5 components for complete meal qualifications\*

**\*Call (920)894-5183 for a Free/Reduced Application anytime throughout the school year**

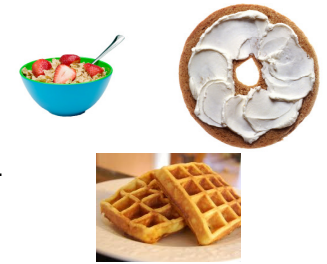
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**KASD is an equal opportunity provider**



# MAY 2018

## KIEL HIGH SCHOOL NUTRITION BREAK

STUDENTS MUST SELECT 3 OF 5 ITEMS OFFERED TO = A COMPLETE BREAKFAST  
 (ONE BEING FRUIT OR JUICE)  
 (menu subject to change without notice due to unforeseen circumstances)



Mon	Tue	Wed	Thu	Fri
	1 Breakfast Pizza Fruit & Juice Mil	2 Raspberry Churro Fruit & Juice Milk	3 Breakfast Flat Bread Fruit & Juice Milk	4 Yogurt Parfait Juice Milk
7 Apple Frudel Fruit & Juice Milk	8 Egg /Sausage Sandwich Fruit & Juice Milk	9 Dutch Waffle Sausage Fruit & Juice Milk	10 Breakfast Pizza Boat Fruit & Juice Milk	11 Glazed Donut Fruit & Juice Milk
14 Mini Pancakes Fruit & Juice Milk	15 Breakfast Pizza Fruit & Juice Milk	16 Yogurt Parfait Juice Milk	17 Egg Cheese & Ham Spiral Fruit & Juice Milk	18 Breakfast Tornado (Egg, sausage and cheese tortilla roll) Fruit & Juice Milk
21 French Toast Sticks Sausage Fruit & Juice Milk	22 Breakfast Tortilla Fruit & Juice Milk	23 Mini Long Johns String Cheese Fruit & Juice Milk	24 Egg/Ham Sandwich Fruit & Juice Milk	25 Cinni Mini Fruit & Juice Milk
28 NO SCHOOL 	29 Cherry Frudel Fruit & Juice Milk	30 Ultimate Breakfast Round Fruit & Juice Milk	31 Mini Donut Holes Fruit & Juice Milk	