

MAY 2024

ZIELANIS & KIEL MIDDLE SCHOOLS

Students MUST choose 3 or 4 food items offered (one being fruit or juice)
Choosing ONLY milk is considered a la carte and will be charged \$.35

BREAKFAST

Monday

Tuesday

Wednesday

Thursday

Friday



DUNKIN STICKS 6

Applesauce
Fruit Juice
Milk

CINNAMON TOAST CRUNCH BAR 7
(filled with cream cheese)

Pineapple
Fruit Juice & Milk

TEDDY GRAHAMS 8

Yogurt
Peaches
Fruit Juice
Milk

CHOCOLATE MUFFIN 9

String Cheese
Banana
Fruit Juice
Milk

FRENCH TOAST STICKS/Syrup 10

Strawberries
Fruit Juice
Milk

ULTIMATE BREAKFAST ROUND 13

Peaches
Fruit Juice
Milk

STRAWBERRY BAGELFUL 14

Applesauce
Fruit Juice
Milk

BAGEL & CREAM CHEESE 15

Pineapple
Fruit Juice
Milk

MINI PANCAKES 16

Banana
Fruit Juice
Milk

BLUEBERRY BREAD 17

Craisins
Fruit Juice
Milk

CHOCOLATE MUFFIN 20

String Cheese
Pineapple
Fruit Juice
Milk

RICE KRISPIE TREAT 21

GoGurt
Applesauce
Fruit Juice
Milk

MINI CINNI 22

Strawberries
Fruit Juice
Milk

BANANA BREAD 23

Craisins
Fruit Juice
Milk

GLAZED DONUT w/grain 24

Sausage Stick
Apple Slices
Fruit Juice
Milk

NO SCHOOL 27



BANANA BREAD 28

Craisins
Fruit Juice
Milk

DUNKIN STICKS 29

Applesauce
Fruit Juice
Milk

BLUEBERRY MUFFIN 30

Sausage Stick
Apple Slices
Fruit Juice
Milk

ASSOR CEREAL BARS 31

String Cheese
Pineapple
Fruit Juice
Milk



ZIELANIS-Breakfast served before school and mid-morning in the classroom (before school option is served in Cafeteria-no sign up needed) - \$2.25
(midmorning option-served in classroom – students sign up with classroom teacher)

KIEL MIDDLE SCHOOL-Breakfast served before school ONLY (students come down to café before school – no sign up needed) - \$2.25

KASD IS AN EQUAL OPPORTUNITY PROVIDER