

- 2024 -

MAY

KIEL HIGH SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9TH-12TH GRADE =
\$3.40

2-MAIN MEAL OPTIONS OFFERED DAILY

Students MUST choose 3 of 5 food items offered – 1/2c of fruit or vegetables is required for a COMPLETE MEAL. If student does not choose 1/2c fruit or vegetable and 2 other food items-all items will be priced at a la carte prices even if student qualifies for Free/Reduced meals
*GARDEN SALAD BAR SERVED DAILY
**OTHER A LA CARTE ITEMS PRICED INDIVIDUALLY (must have positive balance to purchase these items)

[Free & Reduced Meal Application](#)

This institution is an **equal opportunity**

6 CHEESE RAVIOLI
Garlic Breadstick or
FRENCH TOAST STICKS
Sausages
Carrots
Applesauce & Pears

7 BBQ CHICKEN PIZZA
or CHEESE QUESADILLA
Corn
Peaches & Side Kick

8 CHICKEN PATTY/BUN
BREADED PORK CHOP
Mashed Potatoes
California Blend
Apple Slices & Strawberries

9 SPAGHETTI &
MEATSAUCE
Garlic Breadstick
SLOPPY JOES-Fries
Green Beans
Grapes & Banana

10 GENERAL TSO CHICKEN
Rice
HOT DOG -Fries
Stir Fry Veg
Oranges & Pineapple

13 BREAKFAST SANDWICH
Hash Brown Patty
FRENCH BREAD PIZZA
Green Beans
Side Kick & Peaches

14 GRILLED CHICKEN/BUN
Potato Wedges
or BAKED POTATO BAR
Carrots
Pears & Oranges

15 HAMBURGER-Fries or
RAIDER NACHOS
Refried Beans
Peas
Applesauce & Banana

16 CHICKEN & GRAVY
Mashed Potatoes
OR
BBQ PORK-Fries
Corn
Pineapple & Grapes

17 GRILLED CHEESE
Tomato Soup
SHRIMP POPPERS-Fries
California Blend
Apple Slices & Strawberries

20 EGG ROLLS
Cream Soup
or
MEATBALL SUB-Fries
Peas
Applesauce & Peaches

21 PIZZA CASSEROLE
Garlic Toast
MACARONI & CHEESE
Soft Pretzel
Corn
Banana & Peaches

22 PIZZA DIPPERS or
CHICKEN NUGGETS
Seasoned Rice
Carrots
Strawberries &
Side Kick

23 BIG DADDY'S PIZZA
Broccoli
Pineapple &
Cantaloupe

24 FISH STICKS – Fries
BREADED CHICKEN
PATTY/ BUN
Mashed Potatoes
Green Bean
Pears & Oranges

27 NO SCHOOL



28 CHEESE QUESADILLA
HAMBURGER/BUN
Fries
Peas & Carrots
Peaches & Applesauce

29 CHICKEN ALFREDO
Pasta & Garlic Toast
FRENCH TOAST STICKS
Sausages
Banana & Grapes

30 PERSONAL PAN PIZZA
or ORANGE CHICKEN
Rice
Broccoli
Oranges & Pineapple

31 CORN DOG-Fries
CHICKEN FAJITAS
Corn
Side Kick &
Strawberries