

Dear Parent/Guardian,

Welcome to Kiel Middle School Physical Education. Attached is a copy of our class expectations and policies. We have already gone over these with your child. Please read them, discuss them with your child, sign and return the lower portion of this letter. If you have any question that they cannot answer please feel free to contact us at school between 7:30 and 3:30.

Sincerely,

Mr. Steve Walsh  
Mrs. Corey Heathman

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I have read and discussed the Middle School Physical Education expectations with my child. I understand the heart rate monitors and pedometers usage policy and will be responsible for any lost or damaged equipment.

\_\_\_\_\_

student signature

\_\_\_\_\_

date

\_\_\_\_\_

parent/guardian signature

\_\_\_\_\_

date

The Physical Education grade is composed of three categories: daily points, 70% of your child's grade, skills tests 15%, and written test/written assignments 15%.

### **Daily Grade-70% of total grade**

Each day a student's start with 10 points. Listed below are several ways to maintain these 10 daily points. Failure to follow these guidelines will result in a loss of daily points as listed.

- Appropriate physical education clothing 5 points
  - NO TANK TOPS ALLOWED—MUST HAVE SLEEVES
- In role call line at the start of class 1 point
- Warm-up exercises participation 1-3 points
- Follows directions 1-5 points
- Respect peers and teachers 1-5 points
- Class Participation and Effort 1-10 points
- Cooperate with peers and teachers 1-5 points
- Exhibits proper sportsmanship during activities 1-5 points
- Use of appropriate language 1-5 points
- No Gum in Class 1 point
- No Gym Shoes (must sit out) 10 points

### **Skills Test - 15% of total grade**

At the conclusion of selected units, skills' tests will be given. These tests will assess your child's physical ability for that activity. The number of tests will vary with each unit.

### **Written Test/Written Assignments – 15% of total grade**

At the conclusion of selected units, written tests will be given to assess your child's knowledge level of the particular activity or skill.

In selected units students will be asked to finish a written assignment. Topics and assignments will vary depending on the unit topic.

### **Makeup Work**

If a student is absent from class or has a parent note, they will receive an incomplete (inc) for that day. The student does however have an opportunity to make up that day's ten (10) points. The following procedure should be followed.

- Partake in some physical activity 30 minutes per missed class. (No work type activities)
- Complete a make up worksheet
- Have a parent/guardian sign the worksheet and return it to the teacher.
- **MAKE UP ACTIVITIES MUST BE COMPLETED AND TURNED IN WITHIN 2 WEEKS OF ABSENCE.**
- Makeup work IS NOT the responsibility of the PARENTS to complete. Any makeup work completed by parent(s) WILL NOT be accepted.

When we receive this information, your child's grade will be updated.

Students that have a doctor's excuse will not be required to make up the classes they miss.

### **Damage to Equipment**

The use of Heart Rate Monitors and Pedometers is an important part of the physical education curriculum. They are excellent teaching tools and will be used in class activities and assignments. When issued to your child, they are responsible for proper care of the equipment. You and your child will be responsible to reimburse the school for any lost or damaged equipment due to misuse or abuse.